

5th ANNUAL ORTHOPEDIC TEACHING
CONFERENCE OF AL HELAL HOSPITAL



ORTHO SUMMIT 2023



UNDER THE PATRONAGE OF

Prof. Khaled Abd El-Ghaffar

Minister of Health & Population

Dr. Maha Ibrahim

Head of Specialized Medical Centers

Dr. Ayman Khallaf

HOSPITAL MANAGER

SCIENTIFIC DIRECTOR

Dr. Waleed Amr

MEDICAL COMMITTEE

Dr. Abd El-Moez Lotfy

SECRETARY GENERAL

Dr. Nabil Embaby

CONGRESS PRESIDENT

Dr. Mohamed Awad



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WELCOME MESSAGE...

Welcome to our 5th annual conference, a gathering where the shining minds of orthopedic surgeons assemble to share what they have learned over the years.

we have put together an energetic collection of clinical case presentations, lectures, and workshops to whet your appetite for learning.

Many of our speakers will appear more than once during your time here, If you miss the first appearance due to scheduling conflicts, then be sure to catch them the second time around.

We would like to warmly welcome our esteemed speakers and presenters for this year's conference.

To our Scientific and organizing committee, thank you for all you have done and continue to do!

We do hope that you will enjoy the conference and that your interaction with your colleagues will stimulate a creative exchange of ideas and will be personally rewarding.

SCIENTIFIC DIRECTOR
Dr. Waleed Amr

MEDICAL COMMITTEE
Dr. Abd El-Moez Lotfy

SECRETARY GENERAL
Dr. Nabil Embaby

HEAD OF DEPARTMENT
Dr. Mohamed Awad

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All Names are Arranged in Alphabetical Order

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| Prof | Adel Hamed | Al-Azhar University |
| Prof | Adel Khamis | Military Academy |
| Prof | Ahmed Abd El-Aziz | Cairo University |
| Prof | Ahmed Allam | Benha University |
| Dr | Ahmed Elgendy | Al-Helal Hospital |
| Prof | Ahmed Galal | Cairo University |
| Prof | Ahmed Kholif | Cairo University |
| Prof | Ahmed Morrah | Cairo University |
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| Dr | Amro Azzam | National Institute of Neuromotor System (NINMS) |
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| Prof | Ashraf Esmael | Benha University |
| Prof | Ashraf Moharram | Cairo Univesity |
| Prof | Ayman Ebied | Menoufia University |
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| A.Prof | El-Tayeb Mahmoud | Helwan University |
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| Dr | Fayk A. Shahid | Al-Helal Hospital |
| Dr | Galal El-Barqoqy | Al-Helal Hospital |
| Dr | Hatem Abo El-Magd | Al-Helal Hospital |
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| Prof | Hossam Salah | Cairo Univesity |
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| Dr | Ibrahim Hanteera | Al-Helal Hospital |
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| Prof | Mahmoud Abdel-Karim | <i>Cairo University</i> |
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| Prof | Mahmoud Fayed | <i>Ain Shams University</i> |
| Prof | Mahmoud Samy | <i>Military Academy</i> |
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| Dr | Mina Nabil | <i>Al-Helal Hospital</i> |
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| Dr | Mohamed Awad | <i>Al-Helal Hospital</i> |
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| A.prof | Mohamed Rabie | <i>Helwan University</i> |
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| Dr | Mohamed Zaki | <i>Al-Helal Hospital</i> |
| Dr | Nabil Embaby | <i>Al-Helal Hospital</i> |
| Prof | Nehad Almahboub | <i>Must University</i> |
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| Prof | Roushdy Elsallab | <i>Mansoura University</i> |
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| Prof | Wageeh Mousa | <i>Al-Helal Hospital</i> |
| Dr | Waleed Amr | <i>Al-Helal Hospital</i> |
| A.prof | Waleed Arafat | <i>MUST</i> |
| Dr | Waleed Harhash | <i>Al-Helal Hospital</i> |
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MAIN TOPICS...

*HIP ARTHROPLASTY

- _ Periprosthetic Fractures
- _ The Art of Acetabular Reconstruction in THR
- _ THR in Acute Acetabular fractures
- _ Difficult Primary THR
- _ How to interpret post operative THR x-ray
- _ How to interpret MRI of the hip
- _ Workshop 1

*KNEE ARTHROPLASTY

- _ Periprosthetic Fractures
- _ TKR in Valgus Knee
- _ Revision TKR
- _ complex primary TKR
- _ Alignment and preoperative planning

*Pediatric

- _ DDH (Unilateral / Bilateral)
- _ Congenital Patellar Dislocation
- _ Neglected Fracture lateral Condyle
- _ Congenital High Scapula
- _ Hip distraction
- _ Approach to the limping child

*Spine

- _ Fracture dislocation in adolescent
- _ Tumours of cervical spine
- _ Infection of Sacrum
- _ Management of kyphoscoliosis
- _ Role of Endoscopy in Spinal Problems
- _ Radiology of Spine Trauma..
- _ Overview of management of LBP:



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MAIN TOPICS...

TR(L)

- _ How to manage failed proximal Femoral fixation in pediatrics and adults.
- _ Management of complex ankle fractures
- _ The art of Management of non-union of Femoral Fractures

Sport injuries

- _ Management modalities of PCL Injuries.
- _ Extensor mechanism injuries.
- _ How to daignose unstable knee dislocation.
- _ Biceps tendon issues.
- _ Meniscus : why and how to preserve after injury
- _ Rehabilitation After PCL injury
- _ Workshop 2

TR.(U)

- _ Ant.Approach in supracondylar fractures.
- _ Terrible Triad Elbow
- _ Combined Median & Ulnar N.Entrapement.
- _ Neglected Rotator Cuff Tear
- _ Clinical Anatomy and Biomechanics of Elbow Ligaments

Foot & Ankle

- _ Hind Foot Issues
- _ How to manage late Presentation of Ankle Fractures
- _ Updates in pes planus
- _ Endoscopic Management of Achilles Tendon Pathology
- _ Workshop 3

Medicolegal Claims in Orthopedic Practice: How to Disprove



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WHEN **CREATIVITY** MEETS **PROFESSIONALISM**