

7TH ANNUAL ORTHOPEDIC TEACHING
CONFERENCE OF AL HELAL HOSPITAL

ORTHO SUMMIT 2025



SCIENTIFIC PROGRAM

Dr. Maha Ibrahim
Head of Specialized Medical Centers

HOSPITAL MANAGER
Dr. Ayman Khallaf

CONGRESS PRESIDENT
Dr. Mohamed Awad

MEDICAL COMMITTEE
Dr. Abd El-Moez Lotfy

SCIENTIFIC DIRECTOR
Dr. Waleed Amr

SECRETARY GENERAL
Dr. Mohamed Zaky

www.orthosummit.org



30-31
October
2025

TOLIP GOLDEN PLAZA

Welcome to our 5th annual conference, a gathering where the shining minds of orthopedic surgeons assemble to share what they have learned over the years.

We have put together an energetic collection of clinical case presentations, lectures, and workshops to whet your appetite for learning.

Many of our speakers will appear more than once during your time here,
If you miss the first appearance due to scheduling conflicts, then be sure to catch them the second time around.

We would like to warmly welcome our esteemed speakers and presenters for this year's conference.

To our Scientific and organizing committee, thank you for all you have done and continue to do.

We do hope that you will enjoy the conference and that your interaction with your colleagues will stimulate a creative exchange of ideas and will be personally rewarding.

SCIENTIFIC DIRECTOR
Dr. Waleed Amr

MEDICAL COMMITTEE
Dr. Abd El-Moez Lotfy

SECRETARY GENERAL
Dr. Nabil Embaby

CONGRESS PRESIDENT
Dr. Mohamed Awad

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Ahmed Samy
Mahmoud Samy
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Nabil Embaby
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Scientific Committee :

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Fady Nabil
Ibrahim Gado
Khaled Farouk
Mohamed Zaki
Ramy El-Shabrawy
Saeed El-Deeb
Tarek Hassan
Wageeh Mousa
Waleed Harhash



DR.
WALEED AMR
SCIENTIFIC DIRECTOR



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ABD EL-MOEZ LOTFY
MEDICAL COMMITTEE



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DR.
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ASHRAF EL-WAKEEL



ASHRAF ISMAIL



ASHRAF MOHARAM



AYMAN EBIED



AYMAN ELTABAA



AYMAN SOLIMAN



BAHER KAISER



EHAB HOSNY



FADY NABIL



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HATEM ABO EL-MAGD



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HISHAM EL-ASHRY



HOSAM ELSHARKAWY



HOSSAM RASLAN



HOSSAM SALAH



IBRAHIM EL-GANZORY



IBRAHIM GADO



IBRAHIM HANTERA



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MAHMOUD SAMY



MAMDOUH ALSHAL



MAMDOUH MAHFOZ



MINA NABIL



MOHAMED ABO ELSOUOD



MOHAMED FARGHALY



MOHAMED FOAAD



MOHAMED GEBELY



MOHAMED GOUDA



MOHAMED HEGAZI



MOHAMED HOSNI



MOHAMED KADDAH



MOHAMED KADDAH



MOHAMED KAMEL



MOHAMED MOKHTAR



MOHAMED SALAH



MOHAMED ZADA



MOHAMED ZAKI



NEHAD AL-MAHBOB



OSAMA ALSHAZLY



OSAMA HEGAZI



RAFEK RADWAN



RAMY KHALIFA



ROSHDY ELSALLAB



SAEED AL-DEEB



SALEH ELBAKARY



SHADY SAMIR



TAREK HASSAN



TAREK KHALIL



TIMOUR HUSSEINI



WAEI SAMIR



WAGEEH MOUSA



WALEED HARHASH



YASSER EL-SAFOURY

Day 1

30, october, 2025

SESSION 1: HIP Session

CHAIRPERSONS:

Mohamed Awad - Mahmoud Samy

09:00 - 09:30 am

Mamdouh Mahfoz

MRI of the Hip

09.30 -09.55 am

Mohamed Awad

How to Interpret Post-op THR X-ray

09.55 -10.00 am

DISCUSSION

Panel Discussion

Ahmed Galal

Ashraf El-Wakeel

Ayman Soliman

Hazem Abdel Azeem

Moderator: Mohamed Awad

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Day 1

30, october, 2025

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10.00 -10.15 am

Ayman Soliman

Pathological Periprosthetic Fracture

10.15 -10.30 am

Ashraf Alwakeel

Acetabular Column Reconstruction in THR

10.30 am -10.45pm

Mohamed Abo Elsoud

THR in Acute Acetabular Fractures

10.45 am -11.00 am

Mohamed Awad

THR in Penetrating Trauma

11.00 am - 11.15 am

Mohamed Zaki

Difficult Primary THR

Day 1

30, october, 2025

SESSION 2: SPORT

CHAIRPERSONS:

Abd-Moez Lotfy - Ahmed Abdel Aziz

11.15 -11.30 am

Ayman Ebied

The Meniscus : Why and How to Preserve after Injury

11.30 -11.45 am

Rafeek Radwan

Clinical Guidelines of Rehabilitation after PCL Injury

11.45 - 11.50 am

DISCUSSION

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Day 1

30, october, 2025

Panel Discussion

Ahmed Abd El-Aziz
Maged Samy
Mohamed Gouda
Roshdy Elsallab
Tarek Khalil

Moderator: Khaled Farouk

11.50 -12.05 pm

Maged Samy

Unstable knee Dislocation

12.05 - 12.20 pm

Waleed Amr

PCL Avulsion : Plan of Management

12.20 - 12.35 pm

Khaled Farouk

Unexplained Anterior Shoulder Pain in Young patient

12.35 - 12.50 pm

Hatem Abo El-Magd

Distal Biceps Tendon Rupture

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12.50 - 01.05 pm

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New Approaches to pain, inflammation &
Edema Management

01.05 - 01.30 am

Opening Ceremony

01.30 - 01.45 pm

Coffee Break

SESSION 3: LOWER LIMB TRAUMA

CHAIRPERSONS:

Ahmed Shamma -Waleed Amr

01.45 -02.00 pm

Wael Samir Behairy

Violation of Principles in Femoral Fractures Fixation

02.00 -02.15 pm

Quality Team

Diathermy: Proper use in Orthopeadics

Day 1

30, october, 2025

Panel Discussion

Ahmed Morra
Ahmed Shamma
Amr Azzam
Mohamed Hegazi
Nehad al-Mahbob

Moderator: Mohamed Zaki

02.15 -02.30 pm

Baher kaiser

Failed Fixation of Subtrochantric Pathological Fracture

02.30 -02.45 pm

Mohamed Salah

Problematic Pediatric Proximal Femoral Fracture

02.45 -03.00 pm

Ahmed Shaban

Management of Infected Non Union Proximal Femur

03.00 - 03.15 pm

Ibrahim Hantera

Pathological Femoral Fractures

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03.15 -03.25 pm

Nerhadou International: The House of Innovation

SESSION 4: SPINE

CHAIRPERSONS:

Ashraf Ismail-Hosam salah

03.25 - 03.40 pm

Saeed Al-Deeb

Spine Trauma: Radiological Evaluation

03.40 -03.55 pm

Mamdoh Alshal

Overview of Low Back Pain

03.55-04:00

DISCUSSION

Day 1

30, october, 2025

Panel Discussion

Ashraf Ismail
Ehab Hosny
Hosam Salah
Magdy Gamal

Moderator: Saeed Al-Deeb

04.00 -04.15 pm

Mohamed Farghly

Fracture Dislocation in Adolescent

04.15 -04.30 pm

Saleh Elbakary

Posterior Nerve Root Sparing Corpectomy in Lumbar Kyphosis

04.30 - 04.45 pm

Mohamed Foaad

Cervical Meningioma/ T.B Sacral Spine

04.45 -05.00 pm

AlQassem Amin

Endoscopic Decompression for RT.Foot Drop

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05.00 - 05.30 pm

Ahmed Abdel Aziz

Workshop: The Art of PCL Reconstruction

05.30 - 06.00pm

Mohamed Awad

THR Approach and Implantation

06:00 pm

Dinner

Day 2

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09.00 - 10.00 am

Abd El-Moez Lotfy

Workshop: TKR

SESSION 5: Pediatric

CHAIRPERSONS:

Fayk Abd El-Shahid - Shady Samir

10.00 - 10.15 am

Mohamed Gebely

Approach to the limping child

10.15 - 10.30 am

Mohamed Hegazi

Hip Distraction

10.30 - 10.35

DISCUSSION

Day 2

31, october, 2025

Panel Discussion

Ahmed Allam
Fayk Abd El-Shahid
Mohamed Hosni
Shadi Samir

Moderator: Tarek Hassan - Ibrahim Hanteera - Wael Badr

10.35 - 10.50 am

Mostafa Rabie

DDH: Unilateral / Bilateral

10.50 - 11.05 am

Walid Samy

Congenital Patellar Dislocation

11.05 - 11.20 am

Hosam Elsharkawy

Neglected Fracture Lateral Condyle

11.20 - 11.35 am

Walid Samy

Congenital High Scapula

11.35 am - 01.00 pm

Coffee Break and Prayer

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Day 2

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SESSION 6: Knee

CHAIRPERSONS:

Ibrahim Ganzory - Timour Hussein

01.00-01.25 pm

Mahmoud Abdel-Karim Alignment and Planning in Total knee Replacement

01.25-01.40 pm

Timour Hussein TKR On Top Of High Tibial Osteotomy

01.40 - 01.45 pm

DISCUSSION

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Day 2

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Panel Discussion

Ibrahim Ganzory
Mahmoud Samy
Mohamed Zada
Timour Hussein
Wael Samir Behairy

Moderator: Waleed Amr

01.45 -02.00 pm

Ibrahim Gado	TKR in Valgus knee
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02.00-02.15 pm

Hossam Raslan	Periprosthetic Fracture
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02.15-02.30 pm

Fady Nabil	Revision TKR
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02.30-02.45 pm

Wael Samir El-Behiry	Infected TKR
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SESSION 7: UPPER LIMB TRAUMA

CHAIRPERSONS:

Mohamed Kaddah - Nehad Almahboub

2.45-3.00 pm

Fady Nabil

Clinical Anatomy and Biomechanics of Elbow Ligaments

3.00-3.15 pm

Aboelyazied A. Fouad

Medicolegal Claims in Orthopedic Practice: How To Disprove

3.15-3.20 pm

DISCUSSION

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Panel Discussion

Ahmed Naeem
Ashraf Moharam
Mohamed Kaddah
Waleed Harhash
Yasser El-Safoury

Moderator: Fady Nabil

03.20-03.35 pm

Abd El-Moez Lotfy

Old Neglected Rotator Cuff Tear

03.35-03.50 pm

Ahmed Algendy

Terrible Triad

03.50-04.05 pm

Mohamed Kamal

Ipsilateral triple nerve entrapment

04.05-04.20 pm

Mina Nabil

Anterior Elbow Approach in Complicated
Supracondylar Fracture

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04.20 - 04.35 pm

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Waleed Amr
Pain Managment in Orthopedics

04.35-4.50 pm

Coffee Break

SESSION 8: Foot & Ankle

CHAIRPERSONS:

Hisham El-Ashry - Wageeh Mousa

04.50 - 05.05 pm

Ahmed Mahrous

Radiological Evaluation of Foot & Ankle Trauma

05.05 - 05.20 pm

Wageeh Mousa

Hallux Valgus

05.20 - 05.35 pm

Mohamed Mokhtar

Management of Failed Ankle Fixation

05:35-05:40

DISCUSSION

Day 2

31, october, 2025

Panel Discussion

Ahmed Kholif
Ahmed Mahrous
Mohamed Mokhtar
Osama Alshazly

Moderator: Wageeh Mousa

05.40 - 05.55 pm

Ali Reda Rare case of pes planus

05.55 - 06.10 pm

Ayman Eltabaa Endoscopic management of achillis tendon pathology

06.10 - 06.25 pm

Ramy Khalifa Ankle Fracture : Late Presentation

06.25 - 06.40 pm

Mahmoud Abo Zaid Hind Foot Problems

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06.40 - 07.10 pm

Wageeh Mousa

Workshop: Osteotomies Of The First Ray

07:10 pm

Dinner



QUARTZ
EVENTS' SOLUTIONS



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WHEN **CREATIVITY** MEETS **PROFESSIONALISM**